



HELPING YOUNG PEOPLE ON LIFE'S JOURNEY



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## WHAT IS A2B PLUS?

**A2B Plus is a social and emotional wellbeing program that has been developed to cover a number of key elements students struggle to acquire. Core values we can so often take for granted.**

These include:

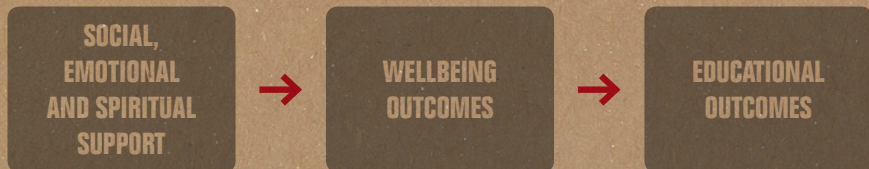
- Teamwork
- Healthy relationships
- Respect
- Forgiveness
- Trust
- Consideration
- Acceptance
- Self-worth

A2B Plus is designed to work in conjunction with your school chaplain to train, build confidence and stretch the limits of each student physically, mentally, emotionally and spiritually in a safe, healthy and supportive environment.

## WHY A2B PLUS?

**A2B Plus promotes the social, emotional and spiritual wellbeing of your students and enhances a school's overall wellbeing strategy.**

A2B Plus contributes to the achievement of educational goals. As research shows, well-supported students are more engaged in their studies and do better at school.



[Durlak, Weissberg, Dymnicki, Taylor & Schellinger (2011), Rothman & McMillan (2003)] [Diekstra, Sklad, Gravesteijn, Ben & Ritter (2008)] [Department of Education and Training. (2015). Learning and Wellbeing Framework. Retrieved from [deta.qld.gov.au/initiatives/learningandwellbeing/resources/learning-and-wellbeing-framework.pdf](http://deta.qld.gov.au/initiatives/learningandwellbeing/resources/learning-and-wellbeing-framework.pdf)]

## WHAT'S INVOLVED?

If you choose A2B Plus for your school, an SU QLD A2B Field Support Worker will liaise with your support staff to deliver specifically-designed material that reaches the needs of both primary and secondary students in their unique developmental stages.

Using tried and proven Activity-Based Learning (ABL) processes, A2B Plus will be delivered by your local school chaplain and highly trained field support staff.

## ABOUT A2B PLUS

A2B Plus provides 8 weekly school-based sessions for 12 students. Peak experiences can be integrated into the program at an additional cost to the school. The program is designed to challenge students to achieve and grow in an alternate learning environment.

These experiences will help each participant develop skills in personal leadership, group dynamics, resilience, overcoming adversity, social awareness and management, whilst learning to work together to accomplish physically and mentally challenging activities.

A2B Plus is a great opportunity to assist students considered at-risk and an effective leadership development tool for students within your school communities.

## PRICING

**\$1100 (including GST) for the 8 weekly school-based sessions.**

Additional costs for transport and peak experiences to be covered by the school.





## TESTIMONIAL

“A young fellow came into the A2B program who was not the most popular guy in school. He had learning difficulties and struggled to fit into mainstream schooling.

When he became a part of the program, he realised that in the open learning situations where you have to think outside the box, he was really great.

He found a way in a safe environment to develop his self-confidence and from that point we just saw his confidence sky rocket.

In the classroom, he is now able to put up his hand and share his ideas.”

– Nigel Kruger, School Chaplain

## YOUR STUDENTS NEED A2B

Consider running A2B Plus in your school to help at-risk and disadvantaged students rise from where they are ('A') to a place of greater hope and resilience ('B').

## FOR MORE INFORMATION

Contact the Programs Team at [programs@suqld.org.au](mailto:programs@suqld.org.au).